

## Ryder Carroll's Collections

Future Log Monthly Log Daily Log

### Health

Alcohol Tracker **Appointment List Blood Pressure Tracking** Diet Plan **Doctor Appointment Notes Emergency Medical Numbers** Fitness Plan **Immunization List with Dates** Insulin/Blood Sugar Tracking Migraine Tracker **Mood Tracker Prescription Tracker** Sleep Tracker **Step Count Tracker** Vitamin Tracker Water Intake

Weight Loss Goals with Motivation

Weight Tracker

**Workout Tracker** 

Yoga Positions

### Goals & Planning

Action Plans
Annual Review
Brain Dumps
Five-Year Plan
Goals
Level 10 Life
Monthly Reviews
Quarterly Reviews
Wish List
Word of the Year

#### Financial

Big Ticket Purchases
Bill List With Due
Dates
Budget
Expenses
Debt Snowball Plan
Future Expenses
Income
No-Spend Challenges
Savings Tracker
Subscription Renewal Date & Cost



## Household

Classics Charlist D

Cleaning Checklist – Daily

Cleaning Checklist – Weekly

Cleaning Checklist – Monthly

Cleaning Checklist – Quarterly

Freezer Inventory

**Furnace Filters** 

**Grocery List** 

KonMari Checklist

KonMari Schedule

Meal Planning

Pantry Inventory

Pet Care

Plant Watering Log/Schedule

Project 333 Challenge List

Projects – Family

**Spring Cleaning** 

Checklist

Waiting On

Wardrobe List

When Did I Last

Winterizing Checklist

Vehicle Maintenance Log

Yard Work Checklist

#### Stationery

Colored Pen Swatches

**Favorite Etsy Shops** 

Notebooks I Want

Pens Inked

Pen Test Page

Washi Tape Collection

#### Work

Accomplishment List

**Professional** 

Development

**Projects List** 

**Project Timelines** 

**Meeting Notes** 

**Work Goals** 

#### Seasonal

**Spring Bucket List** 

**Summer Plans** 

Fall Bucket List

Winter Plans

Thanksgiving Planning

**Easter Planning** 

Christmas ideas

**Holiday Menus** 



#### Personal

Addresses
Affirmations
Birthdays
Birthday Gift Ideas
Book Recommendations
Books I Want to Read
Books Read
Bucket List

Craft/Hobby Tracker

Dream Log

**Evening Routine** 

Gifts Received

**Habit Tracker** 

**Intentions** 

**Journal Prompts** 

**Letter Writing Log** 

**Meditation Tracker** 

**Morning Routine** 

Movies to See

Myers-Briggs Type / Personality Traits

Quotes

Playlist of Your Life

**Podcasts** 

#### Personal (cont.)

Projects – Personal Remember Self-Care Activities Skills to Learn TV Shows to Watch Values Weather

Travel

Day Trip Ideas
National Park List
Packing List
Places to Visit
Places I Have Been
State Park List
Trip Itinerary
Reservation Information
Tipping Etiquette
US States Visited Map
Vacation Savings Plan



#### Food & Drink

Favorite Recipes
Favorite Restaurants
Food Diary
Go-To Meals
Recipes to Try
Restaurants to Visit
Tea/Coffee Blend Inventory
Wineries/Breweries to Visit

### School

After-School Activities
Assignments & Due Dates
Bus Information
Carpool Schedule
Clothes to Buy
Grade Tracker
Homework Routine
Lunch Menus
Phone Numbers
Projects – School
School Schedule
School Shopping List
Teacher & Classroom Info
Team Schedule / Plan

## Family

Chores Schedule
Clothing Sizes
Craft Ideas
Favorite Family Activities
Games to Play
Last Time I Called/Emailed
Memories
Play Dates
Scouting Badge Lists

## Religious / Spiritual

Church/Temple
Commitments
Donation/Charity Log
Favorite Scriptures
Gratitude Log
Prayer Requests
Holiday Observances
Volunteering